



ENGAGE4CHANGE PROGRAMME

NEWSLETTER DECEMBER 2022



2022 has been another successful year for Omeath District Developments Engage 4 Change Programme

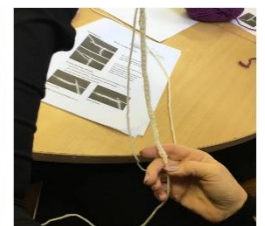
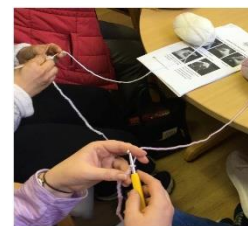
Here are some of our achievements:

FEB- Women's Group
Midterm Youth Sports Programme with the Respect Project
Negotiating Difference on a Shared Island

MAR- International Women's Day Event
United Through Sports Programme
Crocheting workshop
Effective Communication and Teamwork workshops
Women's Group (weekly)
Young Women's Group (weekly)
Woodland Walk in Carlingford with Anam Tours

APR- Women's Group (weekly)
Young Women's Group (weekly)
Crocheting Workshop

MAY- LADS & DADS programme (weekly)
Young Women's Group (weekly)
Women's Group Woodlands Walk
Move to Wellness Capacitor Workshop



PIC•COLLAGE





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- JUN-** Women's Group crocheting workshop
LADS & DADS programme (weekly)
Young Women's Group (weekly)
Woodland Walk
- JUL-** Circus Skills Workshop
Art Camp
Yoga
Sports Camp
- SEP-** Cross Border Trip with Altnaveigh Ladies
Faoi Bhrat Bhríde
Intro to Table Tennis sessions
- OCT -** Ping Pong Fit
LGBT+ Information Session for young people
Fun Quiz & Games Night
Taster Irish Course for Absolute Beginners
Youth Group Cross Border Visit to watch Adam's Family in Newry Town Hall
Halloween Walk
- NOV -** LGBT+ Information session for Adults
Weekly youth club – Sport in Support of Mental Health
Anti-Bullying workshops
Weekly Young Women's Group
Weekly LGBT+ Drop in Group for young people with Lorna from Outcomers
Attended Youth Group Consultation on new Peace 5 Programme
- DEC -** Youth Group – Leadership & Empowerment Workshop
Women's Leadership & Empowerment Workshop
Cultural Awareness Programme
Anti-Bullying workshops continued
"Is the Peace Process Finished?" "The challenge of ongoing violence in a 'Post-Conflict' society" Workshop Delivered by Sean O'Baoill – rescheduled until January



Thank You



We would like to take this opportunity to thank you all for your continued support not just this year but since the start of the Engage4Change programme in 2018. It has been greatly appreciated. We look forward to working with you all again in the New Year to finish programmes that had to be postponed due to recent weather warnings.

Kathleen & Joanne

