



ENGAGE4CHANGE PROGRAMME

NEWSLETTER DECEMBER 2019



2019 has been a very busy year for the Engage 4 Change Programme

Here are some of our achievements:

- JAN-** Afterschool Group continued to work with Anti-Clockwise Art Programme
Staff Attended Erasmus meeting in Dublin
- FEB-** Young people had a social outing to Lisburn Swimming Pool
12+ Youth Group established
Young people worked with Total Media to design Engage4Change logo
First contact made with Ladies of Mourne Group Kilkeel
Staff attended 4 week Mindfulness Programme with Creggan Women's Group
- MAR-** Omeath Women's Group established
Cross Border visit to Bosco YC for a Cultural Night
Spring Time Flowers
Taster session; Time for Me programme with Jacinta Reel
Young people enjoyed a drama workshop
Storytelling with Liz Weir in Creggan Parish Church Hall
Staff completed 2 days Real U Training
- APR-** Liz Weir Storytelling in schools for pupils from Ardagh and Scoil Naomh Lorcan
Women's Group coffee and chat in Café Rosa
Citizenship morning in Bush PPS
Afterschool group started 4 week sports programme with the Respect Project
- MAY-** Women's Group, Time for Me programme continued for 4 weeks
Afterschool Group, sports programme continued for 4 weeks
Staff attended MACE training event
Staff joined North Louth Child & Family Support Network
Staff completed Cyber Safety Training
Social Inclusion Event
- JUN-** An Tainbo Cuailnge Art Exhibition in Dolmen Centre
Established contact with Altnaveigh Ladies Newry
Women's group, social visit to Armagh to see the 'Real Housewives of NI'
Staff attended a talk on Adolescence & Alcohol with Dr McMonalge
Completed 'Think Family Training' certified by CINI





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- AUG-** Staff met with IFI representatives to support evaluation of cross-border work
Meeting with representatives from Killeel and Altnaveigh Ladies groups
Staff completed 2 day Strengthening Families Training
- SEP-** Women's Group enjoyed afternoon tea in Ruby Ellen's Carlingford
Staff completed child protection training
Youth Group started 10 week Community Youth League Championship
Cardio Dance with Carla
- OCT-** Book folding workshop
Cardio Dance with Carla
Exchange group met to evaluate their visit to France
Art Exhibition in An Tain Arts Centre Dundalk
Bank Holiday Monday cooking camp with Ciara's Kitchen
Halloween Disco
Start of 6 week Play Maker programme with the Respect Project Newry
5 Young people obtained OCN Level 1 in Equality, Diversity & Inclusion in Sport
- NOV-** Downton Abbey Experience Mullingar
SICAP Training Course – Computer classes started
Start of 4 week fitness programme
Presentation evening in the Granvue Hotel to celebrate young people's success in completing programmes in partnership with Respect Project Newry
Youth Group had a teambuilding day with Gullion Adventures
Trip to SSE Arena Belfast – Ice Hockey Game
- DEC-** Afterschool group experienced mindfulness with Jacinta Reel
End of year party – Nerf Wars
Christmas Wreath making



Thank You



We would like to take this opportunity to thank you all for your continued support. It has been greatly appreciated. We look forward to working with you all again in the New Year. Youth Programmes and Women's Group will return the week of 13th January.

Joanne & Kathleen

